

The Shape XX is a combination of 4 different stations connected by a large monkey ladder that together aim to provide the user with a complete body workout. The stations included are Half rack, Dual Access Pulley, Rebounder and battle rope station, and Punching Bag with adjustable box jump and dips station.

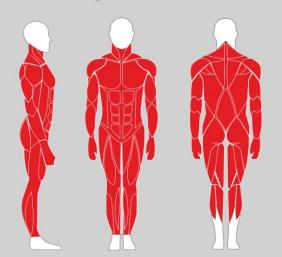
DIMENSION:

Length: 295 inches / 749 cms Width: 125 inches / 318 cms Height: 96 inches / 243 cms Weight Stack: 220lbs / 100kg

X 2 Stacks



MUSCLE WORKED: Full Body





SHAPE XX JXSXX