

SHAPE XX
JXSXX

◆ The Shape XX is a combination of 4 different stations connected by a large monkey ladder that together aim to provide the user with a complete body workout. The stations included are Half rack, Dual Access Pulley, Rebounder and battle rope station, and Punching Bag with adjustable box jump and dips station.

◆ **DIMENSION:**
Length : 295 inches / 749 cms
Width : 125 inches / 318 cms
Height : 96 inches / 243 cms
Weight Stack : 220lbs / 100kg
X 2 Stacks



◆ **MUSCLE WORKED:**
Full Body

